



## **Grief Resources – Listed according to Topics**

### **General**

*A Time to Mourn, A Time to Dance* by Margaret Metzgar

*Choices: Making Right Decisions in a Complex World* by Lewis B. Smedes

*Don't Take My Grief Away from Me* by Doug Manning

*Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying* by Maggie Callanan

*Good Grief* by Granger Westberg

*Grief: What It Is and What You Can Do* by Joy and Marv Johnson

*Honoring the Memory: When Death Happens* by Jim Boulden

*Hope for the Bereaved: Understanding, Coping and Growing Through Grief* by Therese S. Schoeneck

*How to Go on Living When Someone You Love Dies* by Therese A. Rondo

*Journeying Through Grief: A Time to Grieve, **book 1*** by Kenneth C. Haugk

*Journeying Through Grief: Experiencing Grief, **book 2*** by Kenneth C. Haugk

*Journeying Through Grief: Finding Hope and Healing, **book 3*** by Kenneth C. Haugk

*Journeying Through Grief: Rebuilding and Remembering, **book 4*** by Kenneth C. Haugk

*Life Beyond Loss* by Kenneth J. Doka

*Living In the Shadow of the Ghosts of Grief: Step into the Light* by Alan D. Wolfelt, Ph.D. (Reconcile old losses and open the door to infinite joy and love)

*Living with Grief, Diversity and End-of-Life Care*, by Hospice Foundation of America, edited by Kenneth J. Doka and Amy S. Tucci

*Living with Grief: Before and After the Death* by Kenneth J. Doka

*My Friend, I Care: The Grief Experience* by Barbara Karnes

*Tear Soup: A Recipe for Healing after Loss* by Pat Schwiebert and Chuck DeKlyen

*The Needs of the Dying: A Guide for Bringing Hope, Comfort, and Love to Life's Final Chapter* by David Kessler

*Traveling Through Grief, Learning to Live Again* by Susan J. Zonnebelt-Smeenge, R.N., Ed.D. and Robert C. DeVries, D.Min., Ph.D.

*Understanding Your Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart* by Dr. Alan Wolfelt – goes along with *Understanding Your Grief Journal*

*What Dying People Want: Practical Wisdom for the End of Life* by David Kuhl, M.D.

*Women in Mourning* by Jean Clayton

## Death of a Child

*Healing a Father's Grief* by William H. Schatz

*Lay up Your Treasures in Heaven: How a Family Faced the Tragic Deaths of Three of Their Children*  
by Eleanor Tyler Mead

*Remembering Lee: The End is the Beginning (A Mother's Journey Through Loss)*  
by Linda Leith Musser

*Song for Sarah: A young Mother's Journey through Grief and Beyond* by Paula D'Arcy

*Who Lives Happily Ever After? A Handbook for Families Whose Child has Died Violently*  
by Sharon Turnbull

## Death of a Grandchild

*For Bereaved Grandparents* by Margaret Gerner

*Butterflies, Grandpa, and Me* by Bruce H. Conley

*The Butterfly Bush* by Dawn Michelle Evarts

*The Memory Box* by Kirsten McLaughlin

## Death of a Parent

*Children's Grief: How to Help the Child whose Parent has Died* by Patricia Papenbrock and  
Robert Voss

*Finding Your Way after Your Parent Dies* by Rev. Richard Gilbert

*I Heard Your Daddy Died* by Mark Scrivani

*I Heard Your Mommy Died* by Mark Scrivani

*Motherless Daughters* by Hope Edelman

*Nobody's Child Anymore: Grieving, Caring, and Comforting When Parents Die* by Barbara Bartocci

*Refuge: An Unnatural History of Family and Place* by Terry Tempest Williams

*Saturday Night Mulberries* by Dorothy Ferguson

## Death of a Spouse

*A Handbook for Widowers* by Ed Ames

*A Journey through Widowhood* by Romaine Presnell

*Finding Your Way After Your Spouse Dies* by Marta Felber

*Getting to the Other Side of Grief: Overcoming the Loss of a Spouse* by Susan J. Zonnebelt-Smeenge  
and Robert C. De Vries (two copies)

*Grieving: A Love Story* by Ruth Coughlin

*Instantly a Widow* by Ruth Sissom

*Living When a Loved One Has Died* by Earl Grollman

*Mending: The Pain and Healing of a Widow's First Year* by Dorothy Hsu

*The Tender Scar, Life After the Death of a Spouse* by Richard L. Mabry

## Death of a Spouse (continued)

*Widow to Widow: Thoughtful, Practical Ideas for Rebuilding Your Life – Challenges, Changes, Decision-Making & Relationships* by Genevieve Davis Ginsburg

## Explaining Death, Grief and Funerals to Children

*A Child's View of Grief: A Guide for Parents, Teachers, and Counselors* by Alan D. Wolfelt, Ph.D.

*A Complete Book about Death for Kids* by Earl Grollman and Joy Johnson

*A Volcano In My Tummy: Helping Children to Handle Anger* by Eliane Whitehouse and Warwick Pudney

*About Dying: An Open Family Book for Parents and Children Together* by Sara Bonnett Stein

*Answers to a Child's Questions About Death* by Peter Stillman

*Bereavement Guide I: The Last Goodbye I (with activity pages)* by Jim & Joan Boulden

*Emma Says Goodbye: A Child's Guide in Bereavement* by Carolyn Nystrom

*Good Grief: Helping Groups of Children When a Friend Dies* by Sandra Sutherland Fox

*Guiding Children Through Grief* by Katherine Bell Russell

*Healing A Child's Grieving Heart* by Alan D. Wolfelt, PhD

*Help Is Here for Facing Fear!* by Molly Wigand

*It's Okay to Cry* by H. Norman Wright

*Lean On Me Gently: Helping the Grieving Child 2<sup>nd</sup> Edition* by Doug Manning

*Mad Isn't Bad: A Child's Book about Anger* by Michaelene Mundy

*Memory Garden (Bereavement Healing Cards)* by Lisa-Marie Arneson, M.A. Marriage and Family Therapist, Registered Play Therapist Supervisor

*Sad Hug, Mad Hug, Happy Hug: A Children's Story about Death* from the Channing L. Bete Company

*Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss* by Michaelene Mundy

*Saying Goodbye (with activity pages) (Brv Grades 3-4)* by Jim & Joan Boulden

*Talking with Children about Loss* by Maria Trozzi

*Tell me, Papa* by Joy and Marv Johnson

*Thank You for Coming to Say Goodbye—Involving Children in Funeral Services* by Janice Roberts and Joy Johnson

*The Garden Angel: A Young Child Discovers a Grandparent's Love Grows Even After Death* by Jan Czech

*The Secret Places: Story of a Child's Adventure with Grief* by Dr. James A. Campbell

*Water Bugs and Dragonflies* by Doris Stickney (two copies)

*When Death Happens* by Jim & Joan Boulden

*When Death Happens: Parent Guide, How to Provide Positive Emotional Support for Your Child* by Jim & Joan Boulden

*When Sickness Happens* by Jim & Joan Boulden

*When Your Grandparent Dies: A Child's Guide to Good Grief* by Victoria Ryan

## Explaining Death, Grief and Funerals to Children (continued)

*Where is Robert?* by Christine Dernerlanden and illustrated by Angie Griffith (book and memory box)

## Faith Based

*90 Minutes in Heaven: True Story of Life and Death* by Don Piper

*A Reason for Hope: Gaining Strength for your Fight Against Cancer* by Michael S. Barry

*A Tearful Celebration: Finding God in the Midst of Loss* by Dr. James Means

*Beauty from Ashes, Strength and Joy from Sorrow* by Elizabeth Gray Vining

*Breaking Free: Making Liberty in Christ a Reality in Life* by Beth Moore

*Caring Enough to Confront: How to Understand and Express Your Deepest Feelings toward Others* by David Augsburger

*Chicken Soup for the Grieving Soul* by Jack Canfield and Mark Victor Hansen

*For These Tough Times: Reaching Toward Heaven for Hope and Healing* by Max Lucado

*Good News for Modern Man: The New Testament in Today's English Version (Large Print)*

*Healing After Loss, Daily Meditations for Working Through Grief* by Martha Whitmore Hickman

*How I suffered from My Theology and Regained My Faith by Questioning Three Beliefs* by Jennifer Brost

*Light from Lucas: Lessons in Faith from a Fragile Life* by Bob Vander Plaats

*Light in the Shadows: Meditations While Living with a Life-Threatening Illness* by Hank Dunn

*My Grace is Sufficient (Devotional)* by Steven Laman

*Peace with God* by Billy Graham

*Psalms of Hope: God's Gift of Comfort, Peace, and Encouragement* by Honor Books

*The Top 100 Questions: Biblical Answers to Popular Questions* by Richard Bewes

*Though I Walk Through the Valley* by Vance Havner

*To Help You Through the Hurting: A Loving Guide to Faith, Hope, and Healing* by Marjorie Holmes

*When Someone Asks for Help: A Practical Guide for Counseling* by Everett L. Worthington, Jr.

*Who Cares When I Hurt?: Help from the Bible for Those Who are Hurting* by Edwin D. Roels

*Why?: Trusting God When You Don't Understand* by Anne Grahma Lotz

## Guilt & Anger

*A Guide to Understanding Guilt During Bereavement* by Robert Baugher

*Understanding Anger During Bereavement* by Bob Baugher

## Holidays & Special Days

*A Ray of Hope Video: Facing the Holidays Following a Loss* by Paul Alexander

*Getting Past Christmas: Holiday Help* by Carlene Eneroth

*Grieving at Christmastime* by Dwight Daniels

## Holidays & Special Days (continued)

*Handling the Holidays* by Bruce H. Conley and Karen L. Howard

*Handling the Holidays*. DVD by Grief Inc.

*Holiday Blues: A Self-Help Manual on Grief Through the Holidays* by Clarence Tucker

*How Will I get through the Holidays? 12 Ideas for Those Whose Loved One Has Died* by James Miller

*Not Just Another Day* by Missy Lowery Throckmorton

## Illness

*A Guide for Living When Death Happens* by Jim Boulden

*Care of the Dying* by Richard Lamerton

*Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying*  
by Maggie Callanan and Patricia Kelley

*Gone from my Sight: The Dying Experience* by Barbara Karnes

*Journey's End: A Guide to Understanding the Dying Process* by Deborah Sigrist

*Living with Grief: Alzheimer's Disease* by Kenneth J. Doka

*The One You Love is Dying: 12 Thoughts to Guide You on the Journey* by James Miller

*What Cancer Cannot Do: Stories of Hope and Encouragement* by a variety of authors

*When You Know You're Dying: 12 Thoughts to Guide You Through the Days Ahead* by James Miller

## Illness for Caregivers

*A Different Season: The Hospice Journey* by G. Leigh Wilkerson

*A Gentle Death: Personal Caregiving to the Terminally Ill* by Elizabeth S. Callari

*A Guide for Caregivers When Death Threatens* by Jim Boulden

*Comfort and Care for the Critically Ill* by June Cerza Kolf

*Preparing the Children: Information and Ideas for Families Facing Terminal Illness and Death*  
by Kathy Nussbaum

*Taking Care of Business Before Death Happens* by Jim Boulden

*The Caregivers Handbook* by Jim & Joan Boulden

## Sibling Grief

*Am I still a Sister?* by Alicia M. Sims

*Sibling Grief: How Parents Can Help the Child Whose Brother or Sister has Died*  
by Marcia G. Scherago

*Surviving the Death of a Sibling* by T. J. Wray

## Suicide Survivors

*Suicide Survivor's Handbook* by Trudy Carlson

## Teen/Adolescent Grief

*Facing Change: Falling Apart and Coming Together Again in the Teen Years* by Donna O'Toole

*Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing a Loss*  
by Enid Samuel-Traisman

*Loss: How Children and Teenagers can Cope with Death & Other Kinds of Loss*  
by Patricia Papenbrock and Robert Voss

*The Common Threads of Teenage Grief* by Janet Tyson

*When Death Walks In: For Teenagers Facing Death* by Mark Scrivani

*You Shouldn't Have to Say Goodbye* by Patricia Hermes

## Miscellaneous

*Caregiving and Loss: Family Needs, Professional Responses* by Kenneth J. Doka and  
Joyce D. Davidson

*Crisis Counseling: What to Do and Say During the First 72 Hours. A Practical Guide for Pastors,  
Counselors, and Friends* by H. Norman Wright

*Curando El Pesar* by Amy Hillyard Jensen

*Families Facing Death: A Guide for Healthcare Professionals and Volunteers* by Elliott J. Rosen

*Grief Comes to Class: A Teacher's Guide* by Majel Gliko-Braden

*Helping People Through Grief: A Sensitive Guide to Help You Know How and When to Share Your  
Concern with People in Crisis and Pain* by Delores Kuenning

*I Remember ... I Remember: A Keepsake Journal* by Enid Samuel-Traisman

*Is There Anything I can Do to Help?: Suggestions for the Friends and Relatives of the Grieving  
Survivor* by Amy Hillyard Jensen

*Quest: The Life of Elisabeth Kubler Ross* by Derek Gill

*Remember Rafferty: A Book about the Death of a Pet* by Joy Johnson

*The Art of Helping* by Robert R. Carkhuff

*The Worst Days: A Journal of a Young Cancer Patient for Health Care Professionals*  
by Leonaye Bulger

*What Can I Say?: How to Talk to People in Grief* by Roger F. Miller

## Audio Cassette

*Coping with Cancer: Hope and Comfort in a Time of Crisis* by Dale A. Meyer.  
Two cassette audio series.

## CD's

*Not What My Hands Have Done* by Brian Moss

*Solace Song Circles* by William Madhava Miller

## **Music Cassette**

*Just Hold Me While I Cry* music by Matthew David Seligman

## **Periodicals**

*Grief Digest: Hope–Information–Support*

## **Video & DVD's**

*A Ray of Hope Video: Facing the Holidays Following a Loss* by Paul Alexander

*Facing the End of Life.* DVD – A Lion in the House Program

*Handling the Holidays.* DVD by Grief Inc.

*Living with Grief: Children and Adolescents.* DVD – Hospice Foundation of America's 15<sup>th</sup> Annual Teleconference held April 16, 2008 (2 Hrs. 17 minutes).